



# Refrigerator Reminder - MRC Daily Activities



All classes/programs must be preregistered for by call the MRC business office at 812-376-9241.

This schedule does not list CRH Fitness Classes.

## Monday

Billiards offered everyday by registration

8:00	Quilters (8)	AR
10:00	Golden K Kiwanis	CR
8-12	Woodcarving (8)	CL
8:30	Bodies In Motion (20)	MP1&2
1:00	Drum Practice Session (8)	CL
2:00	Movie (see page 15 & 24)	AR
4:30	Movie (see page 15 & 24)	AR
5-7:00	Ballroom Dance (pre-registered)	MP1&2

## Tuesday

Billiards offered everyday by registration

10:00	Tai Chi* (16)	MP1&2
10:30	Bible Study (10) ( See page 12)	AR
10:00	Widows Support Grp (10) (4th Tues.)	CL
1:30	Ted Talks (10) (2nd Tuesday)	CL
2:00	Bodies In Motion (20)	MP1&2
5-7:00	Ballroom Dance (pre-registered)	MP1&2

## Wednesday

Billiards offered everyday by registration

8:30	Bodies In Motion (20)	MP1&2
9:30	Walk in the Park (weather permitting)	Out Front
9:30	Bookmobile (1/13, 1/27, 2/10, 2/24)	Out Front
10:00	Art Class (10)	AR
10:00	Crafty Fingers	LO
11:30	TOPS (8)	CL
3:00	Bible Study (10)	AR
4:00	Beg. Line Dance (16)	MP1&2
5:30	Pickleball (register)	MP2&3
6:00	Meditation (10) FREE	AR

## Thursday

Billiards offered everyday by registration

10:00	Tai Chi* (16)	MP1&2
12:00	Advanced Pickleball	MP1&2
1:00	Woodcarving (8)	CL
2:00	Bodies In Motion (20)	MP1&2
5-7:00	Ballroom Dance (pre-registered)	MP1&2

## Friday

Billiards offered everyday by registration

8:30	Bodies In Motion (20)	MP1&2
10:00	Line Dancing (16)	MP1&2
12:30-3	Pickleball (register)	MP2&3
1:00	SCS Investment Club (2nd Fri.) (10)	AR

## Activity Highlights

### January 11

Movie: Just Getting Started, 2:00pm & 4:30pm

### January 12

Ted Talks, 1:30pm  
Snowflake Wreath 3:00pm

### January 18

Aerial America: South Carolina, 1:30 & 3:00pm

### January 21

Armchair Travel: Southern England, 1:30 & 3:00pm

### January 22

Hamilton, 1:00pm

### January 25

Movie: Ladies in Lavender, 2:00pm & 4:30pm

### January 26

Night Time Canvas Painting,, 9:30am

### January 28

Armchair Travel: Northern England, 1:30 & 3:00pm

### February 1

Aerial America: Massachusetts 1:30 & 3:00pm

### February 4

Armchair Travel: Wales, 1:30 & 3:00pm

### February 5

Welcome Gathering, 9:30am

### February 8

Movie: Peanut Butter Falcon, 2:00pm & 4:30pm

### February 9

Ted Talks, 1:30pm   
Heart Candle Holders, 3:00pm

### February 11

Armchair Travel: Scotland, 1:30 & 3:00pm

### February 12

Total Brain Health Workout, 9:30am

### February 15

Aerial America: Georgia, 1:30 & 3:00pm

### February 19

Hamilton, 1:00pm

### February 22

Movie: Midway, 2:00pm & 4:30pm

### February 23

Wine Bottle Lantern, 3:00pm

### March 1

Aerial America: Washington, 1:30 & 3:00pm

Mill Race Center • 900 Lindsey Street • Downtown Columbus

812-376-9241

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