

Refrigerator Reminder - MRC Daily Activities

Monday

Open	Billiards	BL
Open	Jig Saw Puzzle Table	LOB
8-10	Breakfast (\$)	LOB
8:30	Body in Motion	MP2
8:00	Quilters	AR
8-12	Woodcarving	LO
10:00	Golden K	MP2
12:00	Hand & Foot	MP2
	Movies (2 & 4 Fri.)	AR
12:30	Mahjong	LO
12:30	Lasting Impressions	MP1
1:00	Drum Practice	CR
1:00	Friendship Bridge	MP2
5-7	Ballroom Dancing	MP2

Tuesday

Open	Billiards	BL
Open	Jig Saw Puzzle Table	LOB
8-10	Breakfast (\$)	LOB
10:00	Tai Chi (\$)	MP1
	Widows Support Grp (4th Tues.)	AR
	Coloring Café (1st & 3rd Tues.)	
10:30	Bible Study	CR
12:00	Cribbage (2nd Tues.)	CR
1:00	Woodshop	WS
1:00	Wii Games	LO
1-3	Embroidery Guild (3rd Tues.)	AR
1:30	Ted Talks (2nd Tues.)	CR
2:00	Body in Motion	MP2
3:00	How to Doodle (2nd & 4th Tues.)	AR
5:00	Euchre	MP3
5-7	Quilt Guild (2 Tues.)	AR
5-7	Ballroom Dancing	MP2

Wednesday

Open	Billiards	BL
Open	Jig Saw Puzzle Table	LOB
8-10	Breakfast (\$)	LOB
8:30	Body in Motion	MP2
9:30	Walk in the Park	Out Front
9:30	Bookmobile (pg. 18)	Out Front
10:00	Woodcarving Class	WS
10:00	Art Class	AR
10:00	Crafty Fingers	LO
11:30	TOPS	CR
12:30	Hand & Foot	MP2
1:00	Scrabble	AR
1:00	Reader's Theater	CR
1:00	Bid Euchre/Pinochle	LO
3:00	Bible Study	AR
4:00	Beg. Line Dance	MP2
5:30	Pickleball	MP2
6:00	Meditation	AR

Thursday

Open	Billiards	BL
Open	Jig Saw Puzzle Table	LOB
8-10	Breakfast (\$)	LOB
8:30	Happy Helping Hands	AR
9:00	Shopping	See Pg. 4
10:00	Tai Chi (\$)	MP1
1:00	Birthday Party (1st Thurs.)	MP1
1:00	Duplicate Bridge/Pinochle	MP2
1:00	Woodshop	WS
1:00	Woodcarving	CL
2:00	Body in Motion	AR
5-7	Ballroom Dancing	MP2

Friday

Open	Billiards	BL
Open	Jig Saw Puzzle Table	LOB
8:30	Body in Motion	MP2
9:30	Total Brain Workout (4th Friday)	CL
10:00	Line Dancing	MP2
12:30	Mahjong	AR
1:00	Euchre	MP2
1:00	SCS Investment Club (2nd Fri.)	CL
1:00	Broadway Series (3rd Fri.)	CL
12:30	Lasting Impressions	MP1
12:30-3:30	Pickleball	MP2

Saturday

8:30-11:30	Pickleball	MP2
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AR	Art Room
CNR	Conference Room
CR	Classroom
FC	Fitness Center
LO	Lounge
LOB	Lobby
MP1	Multipurpose Room One
MP2	Multipurpose Room Two
MP3	Multipurpose Room Three
MR	Meeting Room
SP	Senior Products
WS	Woodshop
FFY	Foundation For Youth
Items in BOLD have registration fee.	
\$ indicates drop-in fee available.	



ACTIVITY HIGHLIGHTS

Sept. 6 - Closed For Labor Day

September 2
Birthday Party, 1:00pm **FREE!**

September 8 & 22
Bookmobile, 9:30am **FREE!**

September 13
Movie, 2:00 & 4:30pm **FREE!**

September 14
Cribbage, 12pm **FREE!**
TED Talks, 1:30pm

September 15
Travel Show, 10:00am **FREE!**

September 16
Lunch Picnic, 11:30am **FREE!**

September 24
Total Brain Health Workouts, 9:30am **FREE!**

September 24
Mary Clark Celebration, 3:30pm

September 27
Movie, 2:00 & 4:30pm **FREE!**

October 1
Afternoon for Arts, 2:00pm **NEW**

October 6 & 20
Bookmobile, 9:30am **FREE!**

October 6
Travel Show, 10:00am **FREE!**

October 7
Birthday Party, 1:00pm **FREE!**

October 11
Movie, 2:00 & 4:30pm **FREE!**

October 12
Book Club Begins, 11:00am **NEW**

Cribbage, 12pm **FREE!**
TED Talks, 1:30pm

October 13
Readers Theater Show, 1:00pm

October 21
Come Eat Together; 11:30am **NEW**

October 22
Lunch Picnic, 11:30am **FREE!**

October 25
Movie, 2:00 & 4:30pm **FREE!**

October 27
YES Movie, 12:45pm **FREE!**

October 29
Total Brain Health Workouts, 9:30am **FREE!**

Mill Race Center • 900 Lindsey Street • Downtown Columbus

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