

Refrigerator Reminder - MRC Daily Activities

Monday

Open	Billiards	BL
Open	Jig Saw Puzzle Table	LOB
8:30	Bodies in Motion	MP2
8:00	Quilters & Sewing	AR
8-12	Woodcarving	LO
10:00	Golden K	CR
12:30	Mahjong	LO
12:30	Lasting Impressions	MP1
1:00	Hand & Foot	MP2
1:00	Drum Practice	CR
1:30	Armchair Travel	AR
	(see pg. 24)	
2:00	Movies (see pg. 15)	AR
2:30	Ukulele Class	CR
	(starts in June)	
5-7	Ballroom Dancing	MP2

Tuesday

Open	Billiards	BL
Open	Jig Saw Puzzle Table	LOB
10:00	Tai Chi (\$)	MP1
	Widows Support Grp	AR
	(4th Tues.)	
10:30	Bible Study	CR
1:00	Woodshop	WS
1:00	Ted Talks (2nd Tues.)	CR
1-3	Embroidery Guild	AR
	(3rd Tues.)	
1-3	Game Time	LO
	(4th Tues.)	
1-4	Pinochle	CNR
	(2nd & 4th Tues.)	
2:00	Bodies in Motion	MP2
3:00	Tea (2nd Tues.)	LO
3:00	Craft Classes	AR
	(see pg. 8)	
3:00	Purdue Extension Class	AR
	(see pg. 24)	
5:00	Euchre	MP3
5-7	Evening Sewing (pg. 7)	AR
5-7	Quilt Guild (2nd Tues.)	AR
5-7	Ballroom Dancing	MP2

Wednesday

Open	Billiards	BL
Open	Jig Saw Puzzle Table	LOB
8:30	Bodies in Motion	MP2
9:30	Bookmobile (pg. 18)	Out Front
10:00	Woodcarving Class	WS
10:00	Art Class	AR
10:00	Crafty Fingers	LO
11:00	Walk'n'Roll	MP2
11:30	TOPS	CR
12:30	Hand & Foot	MP2
1:00	Scrabble	LO
1:00	Reader's Theater	CR
3:30	Bible Study	AR
4:00	Beg. Line Dance	MP2
5:30-8	Pickleball	MP2

Thursday

Open	Billiards	BL
Open	Jig Saw Puzzle Table	LOB
10:00	Tai Chi (\$)	MP1
12:30	Dominoes	MP3
1:00	Birthday Party	MP1
	(once a newsletter)	
1:00	Woodshop	WS
1:00	Woodcarving	CR
2:00	Bodies in Motion	MP2
3:00	Craft Classes	AR
	(see pg. 8)	
3:30	Grocery Bingo	AR
	(see pg. 14)	
6-7	Meditation (in May)	CR
5-7	Ballroom Dancing	MP2

Friday

Open	Billiards	BL
Open	Jig Saw Puzzle Table	LOB
8:30	Bodies in Motion	MP2
9:30	Total Brain Workout	CR
	(see pg. 19)	
10:00	Line Dancing	MP2
12:30	Mahjong	AR
1:00	Euchre	MP2
1:00	SCS Investment Class	CR
	(2nd Fri.)	
1:00	Broadway Series	CR
	(3rd Fri.)	
12:30	Lasting Impressions	MP1
12:30-3:30	Pickleball	MP2

Saturday

8:30-11:30	Pickleball	MP2
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(check dates on pg. 11)

AR	Art Room
CNR	Conference Room
CR	Classroom
FC	Fitness Center
LO	Lounge
LOB	Lobby
MP1	Multipurpose Room One
MP2	Multipurpose Room Two
MP3	Multipurpose Room Three
MR	Meeting Room
SP	Senior Products
WS	Woodshop
FFY	Foundation For Youth

Items in BOLD have registration fee.
\$ indicates drop-in fee available.



ACTIVITY HIGHLIGHTS

May 3

Lunch & Pull Tabs, 12:00pm **NEW**

May 10

TED Talks, 1:00pm **FREE!**
Tea, 3:00pm

May 2 & 16

Armchair Travel, 1:30pm **FREE!** **NEW**

May 5 & 19

Breathing Room, 11:00am **FREE!**

May 9

Movie, 2:00 & 4:30pm **FREE!**

May 17

Lunch & Pull Tabs, 12:00pm **NEW**

May 19

Artcraft Theater Movie, 12:20pm

May 20

Total Brain Health, 9:30am **FREE!**
Broadway Movie, 1:00pm
Lasting Impressions Show, 6:00pm 🎵

May 22

Lasting Impressions Show, 1:00pm 🎵

May 23

Brown County Trip, 10:30am
Movie, 2:00 & 4:30pm **FREE!**

May 25

National Senior Health & Fitness Day **FREE!**

May 26

Birthday Party, 12:30pm **FREE!**
Grocery Bingo, 3:30 **NEW**

June 6 & 20

Armchair Travel, 1:30pm **FREE!**

June 7

Free Tai Chi Class, 11:00am **FREE!**
Ceramics Class, 1:00pm
Lunch & Pull Tabs, 12:00pm

June 8

🎉 Lunch & Laughter, 12:00pm

June 10

Sage Table, 11:30am **FREE!**

June 13

Breakfast Club, 9:30am **NEW**

June 13 & 27

Movie, 2:00 & 4:30pm **FREE!**

June 14

TED Talks, 1:00pm **FREE!**
Tea, 3:00pm

June 17

Total Brain Health, 9:30am **FREE!**
Broadway Movie, 1:00pm

June 21

Lunch & Pull Tabs, 12:00pm

June 23

Come Eat Together; 11:00am **FREE!** **NEW**
Grocery Bingo, 3:30pm

Mill Race Center • 900 Lindsey Street • Downtown Columbus
812-376-9241

Visit us at www.millracecenter.org.

