

Refrigerator Reminder - MRC Daily Activities

Monday

| | | |
|-------|-----------------------------------|-----|
| Open | Billiards | BL |
| Open | Jig Saw Puzzle Table | LOB |
| 8:30 | Bodies in Motion | MP2 |
| 8:00 | Quilters & Sewing | AR |
| 8-12 | Woodcarving | LO |
| 10:00 | Golden K | CR |
| 12:30 | Mahjong | LO |
| 12:30 | Lasting Impressions | MP1 |
| 1:00 | Hand & Foot | MP2 |
| 1:00 | Drum Practice | CR |
| 1:30 | Armchair Travel (see pg. 24) | AR |
| 2:00 | Movies (see pg. 15) | AR |
| 2:30 | Ukulele Class (starts in June) | CR |
| 5-7 | Ballroom Dancing | MP2 |

Tuesday

| | | |
|-------|---------------------------------------------------|-----------|
| Open | Billiards | BL |
| Open | Jig Saw Puzzle Table | LOB |
| 10:00 | Succulent Group (3rd Tues.) | AR |
| 10:00 | Tai Chi (\$) Widows Support Grp (4th Tues.) | MP1 AR |
| 10:30 | Bible Study | CR |
| 1:00 | Woodshop | WS |
| 1:00 | Ted Talks (2nd Tues.) | CR |
| 1-3 | Embroidery Guild (3rd Tues.) | AR |
| 1-4 | Pinochle (2nd & 4th Tues.) | CNR |
| 2:00 | MRC On the Go (see page 6) | Off Site |
| 2:00 | Bodies in Motion | MP2 |
| 3:00 | Tea (2nd Tues.) | LO |
| 3:00 | Purdue Extension Class (see pg. 24) | AR |
| 5:00 | Euchre | MP3 |
| 5-7 | Evening Sewing (pg. 7) | AR |
| 5-7 | Quilt Guild (2nd Tues.) | AR |
| 5-7 | Ballroom Dancing | MP2 |

Wednesday

| | | |
|--------|----------------------|-----------|
| Open | Billiards | BL |
| Open | Jig Saw Puzzle Table | LOB |
| 8:30 | Bodies in Motion | MP2 |
| 9:30 | Bookmobile (pg. 18) | Out Front |
| 10:00 | Woodcarving Class | WS |
| 10:00 | Art Class | AR |
| 10:00 | Crafty Fingers | LO |
| 11:00 | Walk'n'Roll | MP2 |
| 11:30 | TOPS | CR |
| 12:30 | Hand & Foot | MP2 |
| 1:00 | Scrabble | LO |
| 1:00 | Reader's Theater | CR |
| 3:30 | Bible Study | AR |
| 4:00 | Beg. Line Dance | MP2 |
| 5:30-8 | Pickleball | MP2 |

Thursday

| | | |
|-------|---------------------------------------|-----|
| Open | Billiards | BL |
| Open | Jig Saw Puzzle Table | LOB |
| 10:00 | Tai Chi (\$) | MP1 |
| 11:00 | Breathing Room (see pg. 6) | CR |
| 12:30 | Dominoes | MP3 |
| 1:00 | Birthday Party (once a newsletter) | MP1 |
| 1:00 | Woodshop | WS |
| 1:00 | Woodcarving | CR |
| 2:00 | Bodies in Motion | MP2 |
| 3:00 | Craft Classes (see pg. 8) | AR |
| 3:30 | Grocery Bingo (see pg. 14) | AR |
| 6-7 | Meditation (in May) | CR |
| 5-7 | Ballroom Dancing | MP2 |

Friday

| | | |
|------------|-------------------------------------|-----|
| Open | Billiards | BL |
| Open | Jig Saw Puzzle Table | LOB |
| 8:30 | Bodies in Motion | MP2 |
| 9:30 | Total Brain Workout (see pg. 19) | CR |
| 10:00 | Line Dancing | MP2 |
| 12:30 | Mahjong | AR |
| 1:00 | Euchre | MP2 |
| 1:00 | SCS Investment Class (2nd Fri.) | CR |
| 1:00 | Broadway Series (3rd Fri.) | CR |
| 12:30 | Lasting Impressions | MP1 |
| 12:30-3:30 | Pickleball | MP2 |

Saturday

8:30-11:30 Pickleball MP2
(check dates on pg. 11)

| | |
|-----|-------------------------|
| AR | Art Room |
| CNR | Conference Room |
| CR | Classroom |
| FC | Fitness Center |
| LO | Lounge |
| LOB | Lobby |
| MP1 | Multipurpose Room One |
| MP2 | Multipurpose Room Two |
| MP3 | Multipurpose Room Three |
| MR | Meeting Room |
| SP | Senior Products |
| WS | Woodshop |
| FFY | Foundation For Youth |

Items in BOLD have registration fee.
\$ indicates drop-in fee available.


www.millraceevents.com
(812)302-3838

ACTIVITY HIGHLIGHTS

July 4


CLOSED




July 5 & 19

Lunch & Pull Tabs, 12:00pm

July 11 & 25

Movie, 2:00 & 4:30pm 

July 12


TED Talks, 1:00pm 
Tea, 3:00pm




July 14

Artercraft Theater Movie, 12:20pm


July 18

Come & Eat, 11am 
Armchair Travel, 1:30pm


July 21

Birthday Party, 12:30pm 
Grocery Bingo, 3:30


July 28

BINGO, 4:00pm 

July 29

Total Brain Health, 9:30am 
Broadway Movie, 1:00pm

August 1, 15, & 29

Armchair Travel, 1:30pm 




August 2 & 16

Lunch & Pull Tabs, 12:00pm


August 5

Welcome Breakfast, 9:30am 

August 8 & 22

Movie, 2:00 & 4:30pm 

August 9

TED Talks, 1:00pm 
Tea, 3:00pm

August 12

Afternoon for Arts, 2:00pm



August 18

Rescued & Restored Speaker, 1:00pm 

August 19

Total Brain Health, 9:30am
Hanger/Museum Trip, 11:00am
Broadway Movie, 1:00pm
Medicare Basics, 1:00pm




August 23

Come Eat Together; 11:00am



August 24

Gen Silent, 6:30pm 



August 25

Artercraft Theater Movie, 12:20pm



August 25
SENIOR EXPO; 10am-2pm 
No MRC Programs Today

Mill Race Center • 900 Lindsey Street • Downtown Columbus
812-376-9241

Visit us at www.millracecenter.org.

