

# Refrigerator Reminder - MRC Daily Activities

## Monday

Open	Billiards	BL
Open	Jig Saw Puzzle Table	LOB
8:30	Bodies in Motion	MP2
8:00	Quilters & Sewing	AR
8-12	Woodcarving	LO
10:00	Golden K	CR
12:30	Mahjong	LO
12:30	Lasting Impressions	MP1
12:30	Hand & Foot	MP2
1:00	Drum Practice	CR
1:30	Brit Box Series	AR
2:00	Movies (see pg. 15)	AR
2:30	Ukulele Class	CR
5-7	Ballroom Dancing	MP2

## Tuesday

Open	Billiards	BL
Open	Jig Saw Puzzle Table	LOB
9:30	Alzheimer's Assoc.	CR
	(2nd Tues. of the 2nd month of newsletter)	
10:00	Succulent Group	AR
	(3rd Tues.)	
10:00	Tai Chi (\$)	MP1
10:30	Bible Study	CR
1:00	Card Making (2nd Tues.)	AR
1:00	Woodshop	WS
1:00	Ted Talks (2nd Tues.)	CR
1-3	Embroidery Guild	AR
	(3rd Tues.)	
1:30-3	Ping Pong	MP3
1-4	Pinochle	CNR
	(2nd & 4th Tues.)	
2:00	MRC On the Go	Off Site
	(see page 6)	
2:00	Bodies in Motion	MP2
3:00	Tea (2nd Tues.)	LO
4:30	Euchre	MP3
5-7	Evening Sewing (pg. 7)	AR
5-7	Quilt Guild (2nd Tues.)	AR
5-7	Ballroom Dancing	MP2

## Wednesday

Open	Billiards	BL
Open	Jig Saw Puzzle Table	LOB
8:30	Bodies in Motion	MP2
9:30	Bookmobile (pg. 18)	Out Front
9:30	Walk in the Park	LOB
10:00	Art Class	AR
11:00	Walk'n'Roll (video)	MP2
11:30	TOPS	CR
12:30	Hand & Foot	MP2
1:00	Scrabble	LO
1:00	Reader's Theater	CR
3:30	Bible Study	CR
4:00	Beg. Line Dance	MP2
5:30-8	Pickleball	MP2

## Thursday

Open	Billiards	BL
Open	Jig Saw Puzzle Table	LOB
10:00	Tai Chi (\$)	MP1
10:00	Coffee Hour (3rd Thurs.)	LO
12:00	Line Dance Practice	MP2
	(2nd Thurs.)	
12:30	Dominoes	MP3
12:30	Birthday Party	AR
	(once a newsletter)	
1:00	Woodshop	CR
1:00	Woodcarving	CR
2:00	Bodies in Motion	MP2
3:00	Craft Classes	AR
	(see pg. 8)	
3:30	Grocery Bingo	AR
	(see pg. 14)	
5-7	Ballroom Dancing	MP2

## Friday

Open	Billiards	BL
Open	Jig Saw Puzzle Table	LOB
8:30	Bodies in Motion	MP2
9:30	Total Brain Workout	CR
	(see pg. 19)	
10:00	Line Dancing	MP2
12:30	Mahjong	AR
1:00	Learn Bridge	CNR
1:00	Broadway Series	CR
	(3rd Fri.)	
12:30	Lasting Impressions	MP1
12:30-3:30	Pickleball	MP2

## Saturday

8:30-11:30	Pickleball	MP2
	(check dates on pg. 11)	

AR	Art Room
CNR	Conference Room
CR	Classroom
FC	Fitness Center
LO	Lounge
LOB	Lobby
MP1	Multipurpose Room One
MP2	Multipurpose Room Two
MP3	Multipurpose Room Three
MR	Meeting Room
SP	Senior Products
WS	Woodshop
FFY	Foundation For Youth
Items in BOLD have registration fee.	
\$ indicates drop-in fee available.	



www.millraceevents.com  
(812)302-3838

## ACTIVITY HIGHLIGHTS

### Sept. 4

**CLOSED for Labor Day**

**Sept. 7-Oct. 12 Thursdays** **FREE!**  
WISE Class; 10:00am

**Sept. 18 & Oct. 2, 16, & 31** **FREE!**  
Agatha Christie's Marple; 1:30pm

**Sept. 11 & 25** **FREE!**  
Movie; 2:00 & 4:30pm

**Sept. 12 & Oct. 10** **FREE!**  
Ted Talks; 1:00pm  
Tuesday Tea; 3:00pm

**Sept. 19 & Oct. 17** **FREE!**  
Succulent Lover's Group; 10:00am

**Sept. 21**  
Coffee Hour; 10:00am  
Artcraft Theatre Trip; 12:20pm  
Grocery Bingo; 3:30pm

**Sept. 22** **FREE!** **NEW!**  
Thrive Alliance Program; 9:30am

**Sept. 22 & Oct. 20** **FREE!**  
Total Brain Health; 9:30am  
Broadway Movie; 1:00pm

**Sept. 26** **FREE!**  
Donuts & Trivia; 9:30am  
Travel Show; 11:00am  
Decluttering Solutions; 3:00pm **NEW!**

**Sept. 27 & Oct. 24**  
Come & Eat; 11am

**Sept. 28** **FREE!**  
Birthday Party; 12:30pm

**Oct. 9 & 23** **FREE!**  
Movie; 2:00 & 4:30pm

**Oct. 11** **FREE!**  
Alzheimer's Association Class; 9:30am  
Lunch & Laughter; Noon

**Oct. 13** **FREE!**  
Welcome Breakfast; 9:30am

**Oct. 17** **FREE!** **NEW!**  
Fraud Prevention Class; 3:00pm

**Oct. 18** **NEW!**  
Voelz, Reed, & Mount Class; 9:30am

**Oct. 19** **FREE!**  
Coffee Hour; 10:00am  
Learn to Relax; 11:00am  
Grocery Bingo; 3:30pm

**Oct. 16- Nov. 8**  
Matter of Balance; 10:00am

**Oct. 23-27**  
Plant Stand Workshop with Ed in Woodshop

**Oct. 24** **FREE!**  
Donuts & Trivia; 9:30am  
Assessor's Meeting; 1:00pm

**Oct. 26** **FREE!**  
Cake Walk; 3:30pm

**Oct. 28 Art Bazaar; 10:00am-4:00pm**

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Mill Race Center • 900 Lindsey Street • Downtown Columbus  
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