

Refrigerator Reminder - MRC Daily Activities

Monday

Open	Billiards	BL
Open	Jig Saw Puzzle Table	LOB
8:30	Bodies in Motion	MP2
8:00	Quilters & Sewing	AR
8-12	Woodcarving	LO
10:00	Golden K	CR
12:30	Mahjong	LO
12:30	Lasting Impressions	MP1
12:30	Hand & Foot	MP2
1:00	Drum Practice	CR
1:30	Brit Box Series	AR
2:00	Movies (see pg. 15)	AR
2:30	Ukulele Class	CR
5-7	Ballroom Dancing	MP2

Tuesday

Open	Billiards	BL
Open	Jig Saw Puzzle Table	LOB
9:30	Alzheimer's Assoc. (2nd Tues. of the 2nd month of newsletter)	CR
10:00	Succulent Group (3rd Tues.)	AR
10:00	Tai Chi (\$)	MP1
10:30	Bible Study	CR
1:00	Card Making (2nd Tues.)	AR
1:00	Woodshop	WS
1:00	Ted Talks (2nd Tues.)	CR
1-3	Embroidery Guild (3rd Tues.)	AR
1:30-3	Ping Pong	MP3
1-4	Pinochle (2nd & 4th Tues.)	CNR
2:00	MRC On the Go (see page 6)	Off Site
2:00	Bodies in Motion	MP2
3:00	Tea (2nd Tues.)	LO
4:30	Euchre	MP3
5-7	Evening Sewing (pg. 7)	AR
5-7	Quilt Guild (2nd Tues.)	AR
5-7	Ballroom Dancing	MP2

Wednesday

Open	Billiards	BL
Open	Jig Saw Puzzle Table	LOB
8:30	Bodies in Motion	MP2
9:30	Bookmobile (pg. 18)	Out Front
9:30	Walk in the Park	LOB
10:00	Art Class	AR
11:00	Walk'n'Roll (video)	MP2
11:30	TOPS	CR
12:30	Hand & Foot	MP2
1:00	Scrabble	LO
1:00	Reader's Theater	CR
3:30	Bible Study	CR
4:00	Beg. Line Dance	MP2
5:45-8	Pickleball	MP2

Thursday

Open	Billiards	BL
Open	Jig Saw Puzzle Table	LOB
10:00	Tai Chi (\$)	MP1
12:00	Line Dance Practice (2nd Thurs.)	MP2
12:30	Dominoes	MP3
12:30	Birthday Party (once a newsletter)	AR
1:00	Woodshop	CR
1:00	Woodcarving	CR
2:00	Bodies in Motion	MP2
3:00	Craft Classes (see pg. 8)	AR
3:30	Grocery Bingo (see pg. 14)	AR
5-7	Ballroom Dancing	MP2

Friday

Open	Billiards	BL
Open	Jig Saw Puzzle Table	LOB
8:30	Bodies in Motion	MP2
9:30	Total Brain Workout (see pg. 19)	CR
10:00	Line Dancing	MP2
12:30	Mahjong	AR
1:00	Learn Bridge	CNR
1:00	Broadway Series (3rd Fri.)	CR
12:30	Lasting Impressions	MP1
12:30-3:30	Pickleball	MP2

Saturday

8:30-11:30	Pickleball	MP2
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(check dates on pg. 11)

AR	Art Room
CNR	Conference Room
CR	Classroom
FC	Fitness Center
LO	Lounge
LOB	Lobby
MP1	Multipurpose Room One
MP2	Multipurpose Room Two
MP3	Multipurpose Room Three
MR	Meeting Room
SP	Senior Products
WS	Woodshop
FFY	Foundation For Youth

Items in BOLD have registration fee.
\$ indicates drop-in fee available.


www.millraceevents.com
 (812)302-3838

ACTIVITY HIGHLIGHTS

- Nov. 3** SAGE Table; 11:30pm **FREE!**
- Nov. 6, 20 & Dec. 4** Brit Box Series; 1:30pm **FREE!**
- Nov. 9-Dec. 21 Thursdays** Kara's Silver Strings Class; 10:30am **NEW FREE!**
- Nov. 10** Veterans Day Program; 2:00pm 
- Nov. 13 & 27** Movie; 2:00 & 4:30pm **FREE!**
- Nov. 14 & Dec. 12** Ted Talks; 1:00pm **FREE!**
Tuesday Tea; 3:00pm
- Nov. 15** Hands Only CPR Training; 3:30pm **FREE!**
- Nov. 16 & Dec. 21** Grocery Bingo; 3:30pm **FREE!**
- Nov. 17 & Dec. 15** Total Brain Health; 9:30am **FREE!**
Broadway Movie; 1:00pm
- Nov. 21 & Dec. 19** Succulent Lover's Group; 10:00am **FREE!**
- Nov. 28** Donuts & Trivia; 9:30am **FREE!** **NEW**
Voelz, Reed, & Mount Program; 11:30am
- Nov. 30** Birthday Party; 12:30pm **FREE!**
- Nov. 29 & Dec. 18** Come & Eat; 11am
- Dec. 1** Welcome Breakfast; 9:30am **FREE!**
- Dec. 6**  Lunch & Laughter; 12:00pm
- Dec. 7** Learn to Relax; 11:00am **FREE!**
- Dec. 11 & 18** Movie; 2:00 & 4:30pm **FREE!**
- Dec. 13** Alzheimer's Association Class; 9:30am **NEW**
- Dec. 14**  Christmas Concert with Guy; 3:30pm **FREE!**
- The Lasting Impressions**
Come! White Christmas, Come!
Fri., December 15 at 6:00pm
Sun., December 17 at 1:00pm
- Dec. 19** Donuts & Trivia; 9:30am **FREE!** 
Mingle & Jingle; 2:00pm

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Mill Race Center • 900 Lindsey Street • Downtown Columbus
812-376-9241
Visit us at www.millracecenter.org



Mill Race Center will be closed on
11/23 & 24, 12/25 & 26, & 1/1 & 2.